| Fitbit stats |
| --- |
| **Week of…** | **Total steps** | **Avg steps/day** | **Total miles** | **Total floors** | **Total Zone min** |
| May 20 - 26 | 63,339 | 9,048 | 28.43 | 768 | 605 |
| May 27 – June 2 | 58,574 | 8,368 | 26.35 | 677 | 250 |
| June 3 - 9 | 56,881 | 8,126 | 25.42 | 616 | 292 |
| June 10 – 16 | 71,600 | 10,229 | 31.19 | 710 | 426 |
| June 17 - 23 | 72,867 | 10,410 | 32.81 | 623 | 376 |
| June 24 – 30 | 50,570 | 7,224 | 22.82 | 566 | 321 |
| July 1 – 7 | 53,637 | 7,662 | 24.10 | 723 | 216 |
| July 8 – 14 | 65,766 | 9,395 | 29.31 | 521 | 390 |
| July 15 – 21 | 53,232 | 7,605 | 23.92 | 624 | 265 |
| July 22 – 28 | 45,976 | 6,568 | 20.69 | 485 | 189 |
| July 29 – August 4 | 26,594 | 3,798 | 11.98 | 305 | 168 |
| August 5 – 11 | 36,779 | 5,254 | 16.10 | 355 | 355 |
| August 12 - 18 | 43,986 | 6,284 | 19.36 | 533 | 516 |
| August 19 – 25 | 47,818 | 6,831 | 21.10 | 417 | 256 |
| Aug 26 – Sept 1 | 62,448 | 8,921 | 28.08 | 605 | 560 |
| September 2 – 8 | 42,719 | 6,103 | 19.17 | 472 | 346 |
| September 9 – 15 | 50,615 | 7,231 | 20.13 | 316 | 176 |
| September 16 – 22 | 66,621 | 9,517 | 29.88 | 615 | 324 |
| September 13 – 29 | 46,200 | 6,660 | 20.72 | 447 | 440 |
| Sept 30 – Oct 6 | 62,062 | 8,866 | 26.19 | 451 | 387 |
| October 7 – 13 | 69,085 | 9,869 | 30.99 | 572 | 641 |
| October 14 – 20 | 54,094 | 7,728 | 23.01 | 310 | 294 |
| October 21 – 7 | 59,398 | 8,485 | 24.79 | 335 | 433 |
| Oct 28 – Nov 3 | 50,224 | 7,175 | 22.49 | 276 | 414 |
| November 4 – 10 | 60,321 | 8,617 | 26.71 | 459 | 325 |
| November 11 - 17 | 62,734 | 8,962 | 28.16 | 440 | 291 |
| November 18 – 24 | 53,457 | 7,637 | 24.35 | 394 | 549 |
| November 25 – Dec 1 | 53,381 | 7,690 | 24.02 | 299 | 128 |
| December 2 – 8 | 60,528 | 8,647 | 27.25 | 324 | 393 |
| December 9 – 15 | 50,921 | 7,274 | 22.82 | 360 | 371 |
| December 16 – 22 | 57,628 | 8,233 | 25.83 | 273 | 312 |
| December 23 - 29 | 42,303 | 6,043 | 19.01 | 267 | 261 |
| December 30 – January 5 | 60,813 | 8,688 | 28.16 | 301 | 368 |
| January 6 - 12 | 42,705 | 6,101 | 18.96 | 357 | 312 |
| January 13 - 19 | 52,378 | 7,483 | 23.44 | 371 | 242 |
| January 20 - 26 | 44,747 | 6,392 | 20.16 | 265 | 306 |
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| **Totals** | **1,813,171** | **259,148** | **805.34** | **15439** | **11,638** |